

NATRC Region 3 Convention Schedule
Friday - Sunday March 28-30, 2025
Radisson Airport Hotel Colorado Springs, Colorado

FRIDAY

2:30-5:30 pm Board of Directors Meeting
 4:00-6:00 pm Early Pick Up of Registration Packets
 6:00 pm Dinner at Edelweiss German Restaurant – all NATRC members are welcome!

SATURDAY

Available all day

Please visit our Vendors : Specialized Saddles, Scoot Boots, Easy Boots, Standard Process & more
Also visit the Silent Auction and bid high on the many great items donated by friends and local companies

6:00-7:45 am Free Breakfast Buffet at the hotel
 7:30-8:00am Pick up Registration Packets

8:00-8:25 am Pony Yoga with Emma Bachenburg
 Suppleness. Strength. Without one the other fails. Together they produce excellence. Pony Yoga is a unique and spectacular way to prepare both you and your horse for any type of riding, but especially trail riding and the unpredictable conditions of the trail.

8:30-9:00 am Equine Supplementation from Standard Process Nutraceutical Company with Tracie Erdmann-Hoffman
 Supporting the trail rider and their horse with Standard Process whole food products to optimize ultimate well-being by providing nutrients to rebuild and repair.

BREAK - 10 min

9:10-9:40 am Equine Sports Medicine and Rehabilitation with Melinda R. Story, DVM, PhD Diplomate, ACVS Diplomate, ACVSMR
 Learn how equine chiropractic and acupuncture can help your partner overcome pain and dysfunction to perform at their best on the trail.

9:45-10:15 am Neutralizing Pain for the Rider with Kenna Venekamp, DC
 Lecture and demonstration of techniques using simple neurology and basic anatomy for pain neutralization without medications or other therapies for the horse rider.

BREAK – 15 min

10:30-11:00 am Human and Equine Massage with Terri Daldos, CMT, ESMT
 Techniques and tidbits from therapeutic massage and exercises to help you improve the comfort, movement, performance, and recovery of you and your partner.

BREAK - 30 min

11:30-1:00pm Welcome our Key Note Speakers, Long time AERC riders Cheryl and Randy Winter
 Developing the Distance Equine Athlete. Proper conditioning, use of electrolytes, and the preparation needed for the distance horse.

1:00-2:00 pm Lunch at the Airplane Restaurant

2:00-5:00 pm Excursion of Choice

Broadmoor Hotel Carriage Museum	No Charge
Rodeo Hall of Fame	\$9.00/adult
Olympic Training Center	\$16.00/adult \$8:00/seniors
Cheyenne Mountain Zoo (Weather Permitting)	\$20/adult

OR

2:00-6:00pm Social Time in Hospitality Suite

6:00-9:00 pm **Banquet and Awards Ceremony**
 9:00-11:00 pm Hospitality Suite Open - Bring your favorite Ride pictures to share.

SUNDAY

8:00 am Breakfast buffet together at the hotel before we hit the trail. See y'all at a CTR soon!