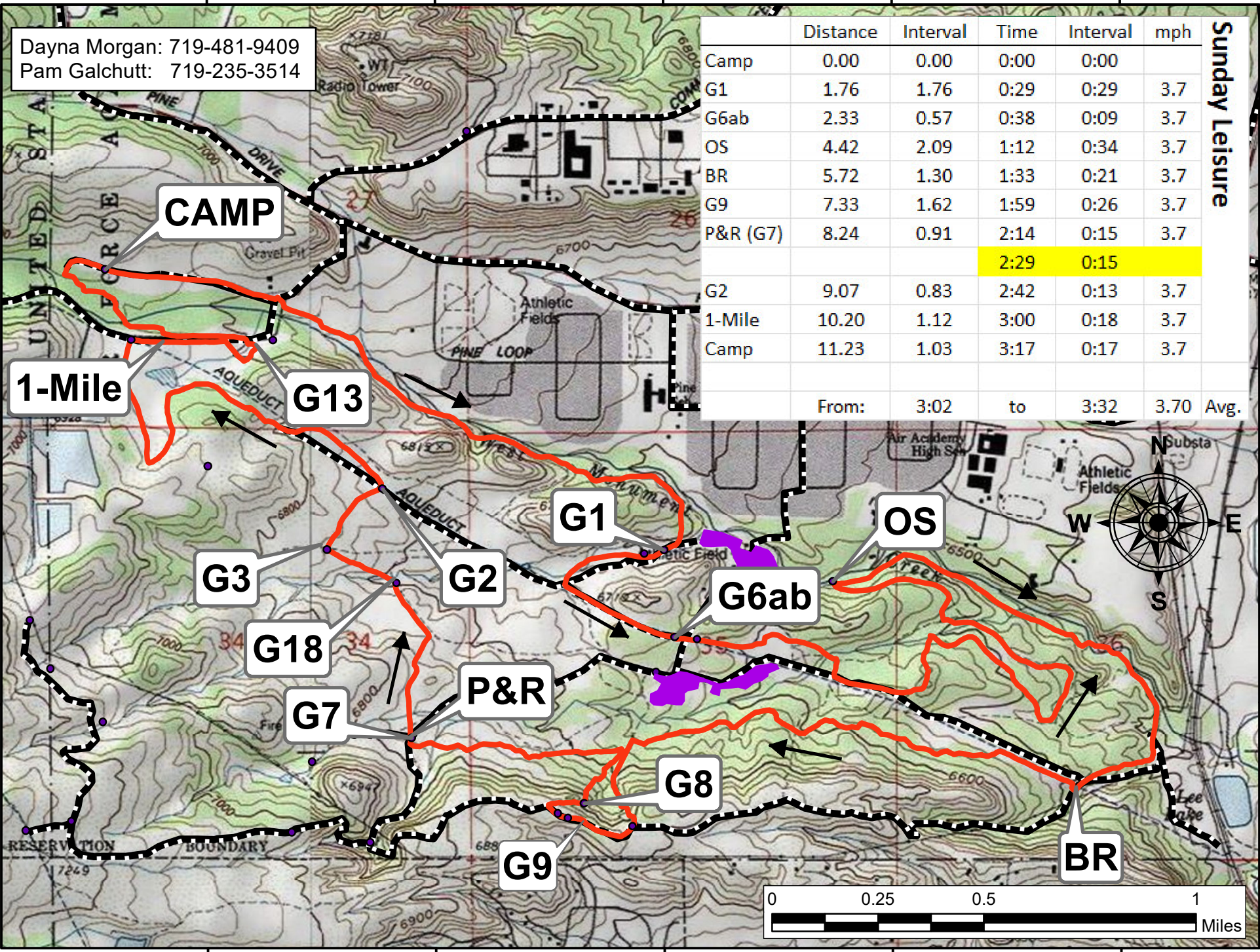


Dayna Morgan: 719-481-9409  
 Pam Galchutt: 719-235-3514

	Distance	Interval	Time	Interval	mph
Camp	0.00	0.00	0:00	0:00	
G1	1.76	1.76	0:29	0:29	3.7
G6ab	2.33	0.57	0:38	0:09	3.7
OS	4.42	2.09	1:12	0:34	3.7
BR	5.72	1.30	1:33	0:21	3.7
G9	7.33	1.62	1:59	0:26	3.7
P&R (G7)	8.24	0.91	2:14	0:15	3.7
			<b>2:29</b>	<b>0:15</b>	
G2	9.07	0.83	2:42	0:13	3.7
1-Mile	10.20	1.12	3:00	0:18	3.7
Camp	11.23	1.03	3:17	0:17	3.7
	From:	3:02	to	3:32	3.70 Avg.

Sunday Leisure



38.98° N  
38.97° N  
38.96° N

38.98° N  
38.97° N  
38.96° N

104.88° W 104.87° W 104.86° W 104.85° W 104.84° W

104.88° W 104.87° W 104.86° W 104.85° W 104.84° W