

# REGION 3 NEWSLETTER

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## ALL GOOD THINGS MUST END...

And that includes Ride Season 2000 which, by the time you read this newsletter, will be almost over. Time sure flies when we're having fun with our horses and our family and friends, doesn't it?

The good news is that we are already planning the calendar for Ride Season 2001 and are even hoping to add a ride or two.

Almost all the rides this year have enjoyed an increase in rider numbers, but please remember that the only way we can retain our wonderful ride schedule is to support the rides. Even when the rides fill, the profit to sponsors is not great considering the amount of work they have to do. Our rides each year are put on by those who truly love our sport. So let's be the region that can brag at the end of the 2001 ride season that ALL its rides were full!

I'm going to work as hard as I can to get the ride book out in January. That way everyone will have time to schedule days off around ride weekends way in advance!

I've started a new column this month, the idea for which was generated by the CTR Internet List. It's called "Great Ride Management Ideas," and it describes things that ride managers, trailmasters, judges, and other volunteers have done that were really appreciated by the riders. It will also have ideas about things that riders would like to see done at rides.

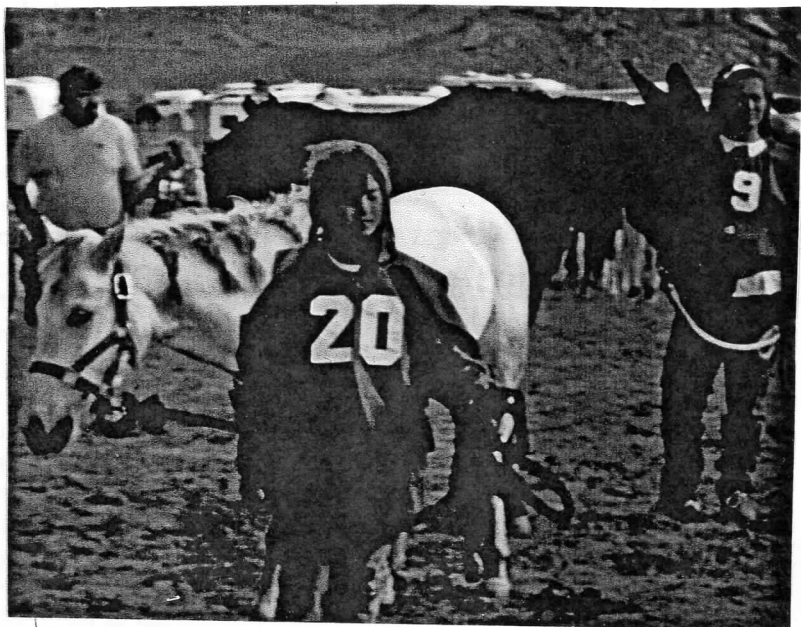
I'd also like to see a "flip side" column appear in future newsletters entitled "What Ride Management Likes to See Competitors Do." These columns are meant to convey general comments about things that you, as a competitor or ride management, have seen or would like to see; it is not intended to praise or criticize specific rides and/or people. Please e-mail me or call me with your contributions to either of these columns. Stand up and be heard!

Donna Schriefer, broken wrist and all, is putting together a wonderful seminar for us. You don't want to miss it! The registration form inside this newsletter needs to be completed and mailed in right away to allow Donna to get an accurate count for meals, speaker handouts, etc. And don't forget the deadline for motel reservations. Even if you live close by, consider staying over Friday and/or Saturday night. Seminar is a time to learn, celebrate, renew old friendships and make new ones. Staying overnight gives everyone plenty of time to socialize and have fun. We hope to see you there!

"Til next time,

Betty Wolgram  
Newsletter Editor

At this year's Rabbit Valley Ride, Theresa Brady (with mule) and her daughter (with pony) demonstrate that any breed of equine can do NATRC successfully.



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Send all letters, articles, photos, etc., to Betty Wolgram, Editor, PO Box 340, Craig, CO 81626, (970) 824-8359, or email to [bkwranch@cmn.net](mailto:bkwranch@cmn.net).

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## PRESIDENT'S MESSAGE.....

It is time to elect our new board members for the region and also to select some of our greatest volunteers for appreciation. Hopefully, you have volunteered to run and/or given Donna Schriefer nominations for your favorite volunteers. We want to be sure to let these wonderful people know how much we appreciate them, and I absolutely know there is no way we could function without them.

This year we had really large waiting lists for some of the rides. I do encourage you to sign up early for rides so management can use your deposit for up-front costs. But last-minute cancellations have created problems. If riders wait until the last week or two before the ride to cancel, most people on the waiting list have made other plans. And no-shows are even worse. For example, both El Jinete and Island in the Sky had about forty people on their waiting lists for three months. We even overbooked the regular list by about six people. Both rides did not start full. This is money lost to the ride and opportunities lost for riders to come ride with us and learn. The board is going to encourage ride management to request larger deposits for the rides next year, with a full refund up to two or three weeks prior to the ride, then a sliding scale for deposit refunds. The profit in a ride is not large considering all the work it takes. Sponsoring clubs usually like to make a little money for their participation. Anyway, please be thoughtful.

Betty Wolgram is beginning to put together next year's ride schedule. We really do need some more rides to take care of our increased membership. This is a wonderful problem to have. If you have been thinking of putting on a ride in your area, please contact Betty for helpful enthusiasm and scheduling. The time is right now! I suspect that the Top of the World ride would go again if someone would volunteer to do some of the work, like ride secretary, helping mark trail, or whatever Thom needs. Ride management, please be as flexible as you can with your dates so we can try to insert another ride or two.

On another note, a suspected case of strangles was reported after the Colorado Trail ride. Strangles is quite contagious and it could have really zipped through many of the horses that were at the ride and wiped out the rest of the ride season for all of us. No additional cases were reported, so I guess we slipped by that one. But please do not allow your horses to drink directly from the water tanks and use dip buckets provided at the tank so your own bucket doesn't contaminate the tanks. You could be carrying the next nasty bug. As the ride manager for the ride just the incubation period later, it sure made me nervous.

Keep bringing new riders to the rides. We love them!

Judy Mason  
President, Region 3

**COME RIDE WITH US IN REGION 3 !!!**

## **RIDERS DODGE RAIN BUT REMAIN ENTHUSIASTIC AT 1ST ISLAND IN THE SKY RIDE...**

**Submitted by Cheri Jeffcoat, Region 6**

This was a brand new ride up on the Grand Mesa (and I mean UP; at 10,000 feet I could hardly breathe), near Grand Junction, Colorado, in one of the most breathtakingly beautiful areas I have ever seen.

It is quite a climb to the top of the Grand Mesa, and it was rainy and slippery, so 4-wheel drive was helpful in getting up there. The camp was primitive but horse water was brought in. Judy Mason, Chairman, worked with the local ladies saddle club and they put on one heck of a ride. The trail master had never competed and had never even been a trail master, but it was the best marked trail I had ever ridden. A stupendous job!!!

We had thunderstorms and rain Friday night; Saturday dawned without rain but cold. We had one vet judge and two horsemanship judges.

The trail out was gorgeous, grand views and then into forests. I could not begin to describe how beautiful is on the Mesa. It is something you would have to experience. The terrain was interesting, but not extremely difficult.

The first obstacle was later thrown out. I'll explain. It looked simple. A small, dark creek about two to three feet wide, didn't think it was very deep. The footing was grassy and soft, and the other side also appeared to be grassy and soft. As I rode up to it, my horse stopped and balked. I looked at it and thought that really the best way would be to jump it, but I couldn't tell about the footing on the other side. Anyway, I asked my horse again and he definitely lacked any

enthusiasm for going across. I decided to pass on this one. I heard that a number of horses refused, but finally one jumped it. Shortly, a major accident occurred. A horse fell...with the rider underneath covered by water. The rider said that when they landed, he opened his eyes and he was under the water with the horse on top of him. Rescue occurred very quickly with a judge's secretary somehow slipping the horse while the judge pulled the rider out from under and got the rider's head above water. The rider was sore in the rib area and had a major bruise on his back and a very bad bruise on one leg. I guess this is a reminder that any time you are uncomfortable with an obstacle, you should refuse it. If it doesn't look safe for you and your horse...just forget it. Anyway, the obstacle didn't count.

Later we had a back and down the trail and a series of logs and brush to negotiate. And, hadn't had the old... "Where are you on the map?" question for a while either. I knew about where I was, was off about 1/4 mile. Something about a "drift" fence. Well, let me tell you...it looked like a cattle fence to me...it sure wouldn't have been classified as a drift fence in Nebraska!

Back to camp... lovely, lovely ride. The ladies saddle club cooked the Saturday night meal... what a delight! Nice ladies and great food!

More rain on Saturday night and a real "boomer." Sunday dawned overcast, cool, and threatening more rain. Off we went. Out only a short time and I was cold and shivering.. A misty rain started so we stopped and put rain gear on...that helped and I warmed up.

We had a down and up gully obstacle, not bad, just a little interesting. Then we rode in a large, open expanse...wow...what scenery. Then, a marvelous little lake crossing, sort of an inlet at the end

of the lake. Rode up, stepped off and down we went into a slight hole. Water up to my horse's belly. We went forward and it got a little more shallow. Oops, one more hole and my boots were wet...then we were on the bank and on across the meadow, up into the forest, and then had an uphill. Then a ribbon tie.

At the last p&r a neat tree obstacle. Two trees about six feet apart. C/P had to go 360 degrees around one, keeping your hand on the tree, then figure 8 to the other one, keeping your other hand on it and going around. Really fun.

Off for the final miles and back to camp where Linda McKinnon, the vet judge, is a "knock off the big chunks and get up here!" Just love that!

I had two good riding days with beautiful scenery and nice people. What else can you ask for?

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## **SUMMARY OF REGION 3 BOARD MEETING**

**Place:** Island in the Sky Ride

**Date:** Friday, August 18

Board members present: Judy Mason, Judy Benham, Betty Wolgram, Dee Overholt, Marc Shanor, Donna Schriefer

National Board Members present: Bill Smith, Kathy Shanor

Absent: Judd Adams, Diana Thearin, Dan Fredal

General members present: Doreen Portner, Ike Mosgrove

Minutes of June 9 board meeting were read and approved.

Treasurer's report was read and approved.

Old Business: Betty Wolgram reported that prices for new rider vests obtained at stores were quite high. She will talk to the high school economics teacher about the possibility of paying students to make them and report back at the meeting at Golden Gate.

Dee Overholt agreed to host the Benefit Ride next year at the Sagebrush & Cedar Ride in Maybell.

Discussion was held regarding having a drawing for a free ride for juniors. Motion withdrawn; new motion made that Region 3 will provide three half-price entry fees for junior riders during the 2001 ride season. Motion approved.

Donna Schriefer presented new information regarding the Region 3 Awards Banquet and Seminar to be held January 13, 2001, at the Holiday Inn-University Park in Ft. Collins. \$82.00 flat rate for each room. There is no hospitality room at this location so Region 3 will pay the difference between the regular

room rate and suite rate to provide a "hospitality" suite. Speakers include Bill Smith with helpful hints for ride managers; Dr. Fails, equine eyesight; Dr. Pallaoro, trailside first aid; and Dr. Hendrickson, nutraceuticals and arthritis. Board members will help gather donations for door prizes.

New Business: The problem of handling large waiting lists at rides was discussed. It was concluded that each ride manager should handle their own waiting lists and entry deposit refunds as they see fit. Betty Wolgram will contact the ride managers regarding how they want to handle deposit refunds and this information will be published in the ride's description in the 2001 ride book. The Board is suggesting that some kind of sliding scale for refunds be adopted. Marc Shanor will keep track of the no-show and/or bad checks riders as a clearing house system and this information will be published in the ride results section in the newsletter beginning in 2001.

Board member nominations were discussed. At the present time, Betty Wolgram and Linell Miller have agreed to run for positions for 2001. Others are still needed and Donna Schriefer will make an announcement at the ride. Recommendations are also needed for National Appreciation recognition and for the Sue Bretag Service Award.

Marc and Kathy Shanor agreed to research how the different regions handle the "shared" expenses for National Board members to attend the meetings and develop a recommendation for Region 3 at the next Board meeting. The

Board agreed that it does not want its Board members to have to pay out-of-pocket to represent the Region.

National Board report: Bill Smith stated that the Board would fund each region \$300 for clinics if the clinics are sanctioned the same as regular rides. National award placings will revert to the way they used to be. The National Board is also looking for a different blanket maker for improved quality.

The next Board meeting will be held at the Golden Gate Ride after Sunday checkout.

Meeting adjourned at 3:00 p.m.

Minutes prepared by Judy Benham, secretary pro-tem for Judd Adams

Summary prepared by Betty Wolgram, Newsletter Editor

## **EL JINETE - A TEST FOR HORSE AND RIDER**

**Submitted by: Cheri Jeffcoat,  
Region 6**

Arriving at this ride, you drive back into the mountains behind Purgatory Ski Resort north of Durango. You descend into a beautiful green valley with a meandering creek. As we parked, we could hear the stream bubbling by. We arrived on Thursday afternoon, so we had an opportunity on Friday morning to ride out with Milne Parish to scope out the trails.

Check-in went fairly smoothly and I was really looking forward to going out in the morning. I had worked the ride last year, so I was excited about seeing all the trail. We went out up the valley along the stream for a couple of miles,

## El Jinete - A Test (Continued)

stopped and watered at a nice rocky crossing and then began the climbs. It wasn't too bad until we came to "Georgia's Trail." My goodness, it was steep, even though the trail switchbacked. Our esteemed horsemanship judge, Frank Keeran, awaited us near the top at a very steep section of trail. Then we were off, around and down the trail. A thoroughly pleasant morning with lunch back in camp.

As we rode across the creek after lunch, Frank had set up at a tricky steep transition, a down, a slight turn, and then up a steep hillside. A really good test of balance, position, and control of horse. Then up, up, and up we went onto a hillside forested with aspen trees and great vistas. The vet judge was waiting to check metabolics and we had two p&r's after lunch, for a total of three. Then off down a rustic road, dropping down into the forest and alongside another creek. What a great day!

Saturday night was a delicious dinner prepared by the famous Smith family....always good eatin' when they are a'cookin'.

Sunday dawned cool and we went up the road and then turned off into a STEEP climb up to the ridge with a view down the valley and over the campground. Then we dropped down across a road and rode under several different ski lifts. Of course, climbing and climbing. We then rode around the side of a mountain and then guess what....another long, steep climb, this time up Butler Hill. We stopped six times because a p&r was due, again.

As we rode back to camp, there was another very long, steep hill to descend. Boy, was I beginning to hurt. I thought maybe it was because I am old and a flatlander, but soon I began to hear groans from some Coloradoans riding with me. I was delighted to know that I wasn't the only one hurting on this six-mile downhill!!!

Plan a vacation and come to this ride...it was worth the experience. Yup, I do believe you may see me at El Jinete next year.

## WELL-RUN AND FUN, FUN, FUN.....COLORADO TRAIL RIDE!!!

Submitted by: Marlene Moss, Region 3

Even though Buffalo Creek is only a couple of hours' drive for us, we decided to take the day off, load up leisurely, and get to the ride in time to find a good spot to camp and give the horses more chance to recover from travel.

We had some rain during the ride briefing Friday night which kept it short and sweet. But I was very impressed with the ride map! Everything was very clear and the table with the times and distances was well done. I was even more impressed the next day with the trail...the times came out right on.

Obstacles for the first day included a down and out through a gully and a walk through some rocks and over a log.

The Saturday night catered dinner was excellent... lasagna (three different kinds, sausage, hamburger, and veggie), salad, garlic bread and brownie. Yum, yum!

Briefing brought a special session of the "Tiki Court." Rider #1 Matt Baker was convicted of various pranks and riding faster than the p&r crews and judges could get to spots. He was handcuffed to the tent pole and thoroughly super-soaked. One of Matt's crimes was causing people to fall on the floor laughing... I think Roxann Lane is in trouble now, because she had me falling on the ground laughing at her re-creation of the "smiley face" crime scene.

Sunday obstacles included a downhill over some logs and a canter to a halt and then trot on to the p&r.

All in all, a beautiful ride...trails were marked perfectly, the judges, management, and volunteers were great, and here's the amazing thing... Venesza got first!!! Her attitude score went from 3 to 4 to 5 over the weekend....she was ready for another 40 miles!

So, everyone, this was a very well-organized ride, and I'd encourage everyone to try it next year. First time ride manager Tracie Scarlett, along with her terrific volunteers, did an awesome job!

## FROM A FARRIER'S POINT OF VIEW....

Story by D. Bruce  
Pollard

When my friend and customer Ole Morgan asked me to double-check her black mare Misty's shoes before the Island in the Sky ride, I told her that Misty had the best black feet on any horse in existence, it had only been four weeks, and she didn't need to worry about it. "Besides, won't they have an emergency farrier up there?" I asked.

"I don't think so," the little, unobtrusive Ole said. (And don't let the "little, unobtrusive" part fool you.) This woman, typical of so many women who have that horse craziness and can sit that sixteen-hand, 1200-pound mare all day in a twelve-hour hailstorm and come in grinning ear to ear, said, "Let me call the Ride Chair Judy Mason and tell her that you'll be the farrier."

Now subtly drafted (another thing that little, unobtrusive women seem able to do to men at will), I fought it a little and said, "Well, even though I'm always a sucker for horse deals, I don't want to go up there and sleep 'til 9 a.m. and sit around playing my guitar for two days waiting for somebody to throw a shoe." (Having competed several times in endurance and competitive trail, I was well aware that, unlike less organized horse events where many folks go off with their poor horse's shoes slopping in the breeze, the distance "types" always come with their horses fresh shod and by reliable farriers.)

"And the women of the Surface Creek Saddle Club will

feed you two meals," Ole continued.

"Hmmm...well...free food, and those gals at the saddle club can really cook. Nope, not enough. Now, if I could bring Dusty and get up at 4:00 a.m., saddle up in the rain, and get myself and him exhausted riding as a safety rider in the rain and the hail and the flies and the scorching sun, getting my saddle drenched when diving off to pick up discarded trail maps and candy bar wrappers out of the seven-inch-deep mud, now THAT might get me interested."

"Done," said Ole. "Be there by 6:00 Friday evening."

So, after having gotten "my way" once again in brutal negotiations with one of those little, unobtrusive women, there I was at 10,000 feet (as we start war stories in the flying business) in a blinding deluge, the windshield wipers bogged down by sheer volume, my old Hale stock trailer wallowing, all four wheels on my truck churning helplessly, even without my horse in the trailer, in a gooey, grassy meadow, where the mole holes were now saturated slime, fifty yards off Forest Road 279, Grand Mesa, Colorado. Ahhh, now THIS is what I came for! God, I love it when it's tough!

The mud, rain, and hail could not drown the enthusiasm these competitive trail types have for their sport; they came to ride. The inclement weather could not snuff the gorgeous scenery that this ride provides every single step of the way. You camp where it's lovely, ride where it's lovely, have p&r's and vet checks where it's lovely, even

drive to and from where it's lovely.

Being the emergency farrier on the ride and assisting as a safety rider gave me wonderful access to witness firsthand the result of the hours of toil it takes to organize these rides. Miles of trail must be ridden, marked, and transposed onto topographical maps for each rider. Trailmaster Carolyn Anderson, with the savvy of an Indian scout, sorted out most of the trails the old-fashioned way, having spent much of her life riding the Grand Mesa, while Ride Chair Judy Mason provided new millennium technology by tying her GPS receiver to her hat and riding the trails with Carolyn. Then she took the disc to her husband who put it on his computer and transposed the trail onto the topo map copies each rider would carry.

From a herder's tent with a battery of Coleman stoves any hunting camp would envy, the cheerful saddle club ladies put out a luscious supper on Saturday night and they also did a great dogs and sauerkraut lunch on Sunday. The ladies also provided a grand display of first through sixth place ribbons and an array of prizes from handmade tomahawks to haybags and halters.

The Thunder Mountain Wheelers, an ATV group, provided wonderful support and transportation for p&r workers and judges for some of those areas too remote to easily access by 4-wheel drive vehicles. They joined us in camp for dinner and briefings and were a tremendous asset for the ride. Perhaps this joining also helped different trail user groups become more aware of each others' needs.

The vet judge was Linda McKinnon, all the way from Malibu, California. After watching this tireless wonder for two days, I made a quick writer's note on my hand while she was doing the final vet check, "All tough." A marvel with every horse she checked, this easygoing fireball in sheep's clothing was so constantly busy doing her job 200% that, to my loss, I could not bring myself to stop her for even a short interview.

I did manage to catch Horsemanship Judge Terry Yates, who, for about five years now, blesses Grand Junction, after spending most of her life winning all the trophies in Arizona. My first question to the lovely Ms. Yates was, "Is that stunning smile genetic, or do you just feel like smiling a lot?"

"Just feel like smiling," she replied — and smiled.

Co-working closely with these talented folks were so many clipboard-toting ladies and gents who laboriously got all the facts and figures for each rider's records right, that I could not possibly get everybody's name straight.

The camp was full of dogs, every single one a treasure and well behaved.

Novice rider Susan Peters brought her teenaged son and his motorcycle. Young Mr. Peters puttered gently through camp many times, displaying a touching respect for the compound full of horses. Maybe we can all ride our own dream yet still be kind to each other.

From my humble position as farrier, safety rider, and on-the-trail photographer, I found virtually every horse on this ride, though unique in their

mannerisms, well-mannered and in good physical condition.

To editorialize a bit, I'd like to add that the country could take a lesson on child rearing from the folks on a competitive trail ride. The riders, to the last soul, male or female, adore their horses in almost a personal way. But at the same time, the horses, whether they be geldings, stallions, or mares in heat, are expected to be ladies and gentlemen at all times, as are their owners.

Want to teach your horse, your children, maybe even yourself some manners you've been slack on the last few years? Sign up for next year's Island in the Sky ride or any of the other Region 3 competitive trail rides for that matter. While you are there, you won't even have to work at it much. The gentle discipline and all those big smiles just sort of rub off whether you like it or not.

### RIDER THANKS !!

On Saturday just after the first p&r at the Island in the Sky ride, my horse took a bad fall and so did I. I ended up with a badly fractured wrist, needing surgery to help repair the crushed radius and joint surface. But I am not writing this article for any sympathy. This article is to say what a great sport competitive trail riding is and all the wonderful people associated with it.

There are many people I would like to thank for their assistance that day, and, if I forget anyone, it is probably because I don't remember that you were there.

First, to Kymberlie Shanor for running back to the

p&r to get help. For twelve years old, you are very level-headed in a crisis and I thank you for getting help there quickly.

The next riders on the scene were Lovell Sasser and Nadja Brozina. Nadja, a nurse, wrapped my wrist to help stabilize it and then they graciously offered to ride with Kymberlie for the rest of the day. Thank you both so much for your actions and kind words and prayers, both at the scene and the weeks after.

The p&r team was not far behind Lovell and Nadja. Unfortunately, the only name I remember was Gary Roberts. Gary also is a nurse and helped get me back to my senses after I started blacking out. Thanks for all your assistance. Phil drove me back to camp from the p&r and I thank him for the smoothest ride he could possibly make on those bumpy roads.

Back in camp, Melanie, another nurse, took excellent care of me. She unwrapped the bandage and got ice onto my wrist. Helped me figure out what would be the best place for me to go for more medical attention. She wrapped my wrist in a pillow and sent me on my way to St Mary's Medical Center in Grand Junction. Judy Mason had great support for her ride.

The staff of St. Mary's ER was excellent. I was in and out in about three hours. A special thanks to Pam (nurse), Dr. Richards, Tara (radiology tech), and Dr. Weintraub. I truly never felt any pain there and was very anxious before I arrived there anticipating a lot of pain. Thanks for the great care.

Words can't express the gratitude I feel for Marc

Shanor, who not only rode Sierra back to camp for me, but helped load all my stuff into my rig, including my horse, and drove me to the hospital in Grand Junction and then on to Golden. He took my horse home with him, then drove back to the ride on Sunday. Also, Marc and Kathy are taking care of my horses for me while I recover. What friends!

I also thank God because the accident could have been worse. I ended up underneath my standing horse and she did not move a muscle as I crawled out. Also, I almost went out that morning without my helmet and even though I did not hit my head, the fact that I had my helmet on was reassuring. God looks out for us in mysterious ways.

Last, but not least, to my fiance Craig Johnson, for his everlasting love and support, thank you.

There were so many people who came to check on me while I was waiting to go to the ER that I cannot remember all of you. Thank you all for your concern. NATRC is such a great organization with wonderful people. I am so proud to be a member. I will miss the rest of the season, but hopefully I will be able to compete in a few rides next year before I have to play the real veterinary student and be in school most of the ride season. Happy trails to all!!

Donna Schrieffer

## **GREAT RIDE MANAGEMENT IDEAS!!!**

(Submitted via CTR Internet List)

Making water available to refill my water bottles even if I do put some of it on my horse.

A couple of regions have been hanging a yellow ribbon on a trail that you are NOT to ride on, or at a turn in the direction you are NOT to go. A quick little signal that really helps out.

Some rides have changed the Saturday briefing time to half an hour before dinner. Briefing gets done before dark, and when dinner is over, riders are free to visit, walk their horses, or the favorite... Go To Bed!!

I love it when the weighmaster carries the scale around to the trailers so we don't have to lug our heavy tack up to the check-in.

I'd like for the riders on a timed obstacle to be able to tell the judge when they are ready to start.

I love pot luck or meals provided at the ride...less packing and planning for me to do and I love other folks' cooking.

It would be SO nice to have hay for the horses at lunch stops when there is no decent grazing. If a truck was going to bring lunches for the riders, couldn't management offer to carry some hay if the riders put it in a bag of some kind?

Clearly marked, ribboned trails with signs at points and turns are wonderful! I get worried when a trailmaster says something like, "Just read your maps." Not all of us have done the trail and the maps aren't always that clear...plus some of us are just plain "directionally challenged." And many of us in our middle years don't have long enough arms to read the "fine print" on the maps.

I'd love a tarped off spot where one could shower with a solar shower on hot rides.

Campfires and windbreaks at the gathering spot on cold rides are nice.

I'd like to see a "one-mile" marker so riders have a better idea of how they are making time at the finish.

Rides that have a theme or contest are fun. Some of us get too wound up in the competition and need to be silly more of the time.

PA systems are wonderful...much better than horns for calling riders to briefings, awards, meals...even used at one ride for calling riders six or so at a time for check-out to avoid the long, boring lines (riders had a checkout number).

On hot rides when the p&r captain works extra hard to find a shady spot for the horses.



# Region 3 Seminar & Awards Banquet

Date: Sat., January 13, 2001

Place: Holiday Inn University Park, 425 W. Prospect Ave., Fort Collins, CO

## Schedule of Events:

Registration starts at 8:00 AM **Door Prizes** all day long

Speakers begin at 8:15 AM and include:

**Dr. Anna Fails**, Colorado State University

"Equine Eyesight"

Our own **Mr. Bill Smith**, Farmington, NM

"Customer (Rider) Satisfaction"

**Dr. Gary Pallaoro**, Golden Animal Hospital

"Trailside First Aid"

**Dr. Dean Hendrickson**, Colorado State University

"Neutraceuticals in the Treatment and Prevention of Arthritis"

After lunch the annual General Membership meeting will be held. (The BOD will be meeting on Friday evening.)

Tours of the Colorado State University Veterinary Teaching Hospital will be available Saturday afternoon and Friday for anyone arriving early.

Hospitality Room 5:30-6:30 PM

Awards Banquet will be at 6:30 with dinner, awards, number auction, and of course - FUN. (Maybe the Tiki crew will make an appearance!)

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Please mail to Donna Schriefer, 622 S. Taft Hill Rd., Fort Collins, CO 80521 **Due by 1/1/01**  
COST

Seminar: \$35 includes lunch and a snack break.

Number \_\_\_\_\_

Buffet Dinner: \$ 25.50 each, Children 5-12 \$12.75, under 5 free

Number: \_\_\_\_\_

Sub Total

Non refundable Deposit

Balance due

\$25.00 (to Region 3)

Do you want a tour of the CSU VTH? (They will be at about 4PM each day.) YES #\_\_\_\_\_ Fri or Sat (circle)

Reservations for a room need to be made by you. The cost of each room is a flat rate of \$82.00. Please call the hotel directly at (970) 482-2626, ask for Reservations and say you are with the North American Trail Ride Conference. Reservations **must** be made by **December 13<sup>th</sup>** to be eligible for the flat rate.

Shanor, who not only rode Sierra back to camp for me, but helped load all my stuff into my rig, including my horse, and drove me to the hospital in Grand Junction and then on to Golden. He took my horse home with him, then drove back to the ride on Sunday. Also, Marc and Kathy are taking care of my horses for me while I recover. What friends!

I also thank God because the accident could have been worse. I ended up underneath my standing horse and she did not move a muscle as I crawled out. Also, I almost went out that morning without my helmet and even though I did not hit my head, the fact that I had my helmet on was reassuring. God looks out for us in mysterious ways.

Last, but not least, to my fiance Craig Johnson, for his everlasting love and support, thank you.

There were so many people who came to check on me while I was waiting to go to the ER that I cannot remember all of you. Thank you all for your concern. NATRC is such a great organization with wonderful people. I am so proud to be a member. I will miss the rest of the season, but hopefully I will be able to compete in a few rides next year before I have to play the real veterinary student and be in school most of the ride season. Happy trails to all!!

Donna Schrieffer

## **GREAT RIDE MANAGEMENT IDEAS!!!**

(Submitted via CTR Internet List)

Making water available to refill my water bottles even if I do put some of it on my horse.

A couple of regions have been hanging a yellow ribbon on a trail that you are NOT to ride on, or at a turn in the direction you are NOT to go. A quick little signal that really helps out.

Some rides have changed the Saturday briefing time to half an hour before dinner. Briefing gets done before dark, and when dinner is over, riders are free to visit, walk their horses, or the favorite... Go To Bed!!

I love it when the weighmaster carries the scale around to the trailers so we don't have to lug our heavy tack up to the check-in.

I'd like for the riders on a timed obstacle to be able to tell the judge when they are ready to start.

I love pot luck or meals provided at the ride...less packing and planning for me to do and I love other folks' cooking.

It would be SO nice to have hay for the horses at lunch stops when there is no decent grazing. If a truck was going to bring lunches for the riders, couldn't management offer to carry some hay if the riders put it in a bag of some kind?

Clearly marked, ribboned trails with signs at points and turns are wonderful! I get worried when a trailmaster says something like, "Just read your maps." Not all of us have done the trail and the maps aren't always that clear...plus some of us are just plain "directionally challenged." And many of us in our middle years don't have long enough arms to read the "fine print" on the maps.

I'd love a tarped off spot where one could shower with a solar shower on hot rides.

Campfires and windbreaks at the gathering spot on cold rides are nice.

I'd like to see a "one-mile" marker so riders have a better idea of how they are making time at the finish.

Rides that have a theme or contest are fun. Some of us get too wound up in the competition and need to be silly more of the time.

PA systems are wonderful...much better than horns for calling riders to briefings, awards, meals...even used at one ride for calling riders six or so at a time for check-out to avoid the long, boring lines (riders had a checkout number).

On hot rides when the p&r captain works extra hard to find a shady spot for the horses.

## P & R OBSERVATIONS

Submitted by Michelle Rowe, Volunteer Worker

Since one of my horses picked up a nail and needed twice a day care, I did not ride El Jinete. But I did drive up each morning at 5:45 with my husband to do p & r checks.

One of the first things that volunteers try to do is be friendly to the riders. We want riders to realize we are on their side, even if a measurement comes in high. We understand that some riders want us to be quiet while the horses pulse down, and so we try to gauge how to make the rider comfortable at the check. If we have an extra person to bring water to the riders, we bring each rider a cup. When the ten-minute wait is almost up, we usually move next to the horse and stand very quietly. Sometimes a bunch of riders have come in together and this is not possible (we don't have time). Then we listen and establish the pulse, and then look at a watch and start counting. If the pulse is high or is borderline, we mention it to the rider, and then recheck as a courtesy or call another team over for a recheck if that is what the rider wants. We want to get the numbers right. The respiration person does the same thing, often rechecking to confirm their numbers. At that point, the card is marked by us, then initialed by the rider and given to the card collecting person.

Random observations: Both days, we noticed a pattern where the first riders in had very fit horses, and their horses pulsed down and did well. The last riders in the pack tended to do pretty well, too. They go slow, take it easy, and even the older horses do pretty darned well (one of the best p&r's the second day belonged to a 28-year-old mare). The high pulses tended to be in the middle of the pack. I was initially

surprised that the front runners didn't have higher pulses even though their horses worked hard and booked up the hills.

It really helps when the rider can make the horse stay totally still and relaxed while we check the pulse. I could hear a horse get excited at something by its pulse going up. So work on a cue to your horse to stand quiet and still, even if it's just for thirty seconds.

The riders who pulled their saddles when it was hot seemed to have the best p&r's. Next were riders who really sponged and sponged. It's something to consider at a ride, not for the point value alone but for the value that your horse may recover faster and feel better. Plus it makes p&r crews' jobs so much easier not to have a tight girth in the way.

Some horses breathe hot and heavy after a hill. Sometimes the rider can stand there quietly and take a deep breath and relax and the horse will do the same. Might be worth working on with your horse.

Carry some sort of fly spray if you can. The flies were really bad at the second check the first day, and there were a lot of elevated pulses and irate horses.

Try not to come into p&r checks in a bunch. If you can space about a minute between horses, you will not have as much bustle around you at the check and your horse may be a little calmer.

We really appreciated the kind comments that we got and the smiles. Throw your next p&r person a bone and give them a nice smile and some kind words. It makes the work a lot more fun.

I hope your next CTR is a fun one, whether you ride or volunteer!

## YOU KNOW YOU'RE A HORSE PERSON WHEN...

You hate posing for pictures unless you're on your horse.

On rainy days, you organize the tack room, not the house.

You've considered moving into the barn since it is cleaner than the house.

Your horse seems the right choice when you need to talk something out with someone.

You consider a golf course a waste of good pasture.

Your friends no longer ask to get together with you on a weekend because they know you'll say, "I can't; I'm going to a ride."

Your spouse complains that you love your horse more than you love him/her and you answer, "And your point is?"

You'll ride your horse for hours in the rain, but God forbid you have to spend thirty minutes in the store buying groceries.

Every time you pass a construction site, you think how you could use all that lumber at the barn!

You don't notice the barn smells on your clothes/shoes and wonder why "regular" folks start sniffing the air when you walk up.

**UNOFFICIAL RIDE RESULTS (WILL NOT BE OFFICIAL UNTIL VERIFIED BY NATIONAL AND PRINTED IN HOOFPRIINT MAGAZINE).**

Any necessary corrections will be printed in the next Region 3 newsletter.

El Jinete Solitario

July 22-23, 2000

Riders: 57

Kimberly Sargent, DVM

Frank Keeran, Horsemanship

Open Sweepstakes: Summer/K. Wolgram

Novice Sweepstakes: Anna-Versary/L. Schumack

Hi Combo CP MKS Shamal Nejma/K. Shanor

Open Heavyweight:

1/2 Summer/K. Wolgram

2/3 S.W. Windwalker/D. Overholt

3/4 Rock'n EZ Royal/S. Ansell

4/1 Lady's Charlie B/J. Ansell

5/5 BHR Hosans Polly Anna

6/6 June's Lucky Mac/B. Smith

Open Lightweight:

1/3 Quiddy/B. Wolgram

2/1 Brown-R Dawud/J. Mason

3/2 Sky/K. Budd

4/4 Mahra Khan/M. Parish

5/5 Blue Skies Afyre/D. Schriefer

Open Junior:

1/1 MKS Fancy's Folly/K. Shanor

Novice Heavyweight:

1/ Jamin Country Jazz/B. Heckelman

2/ Porter/J. Tanner

3/4 Nelcrest Mirage/O. Spanoff

4/2 Gajala Ana/L. Miller

5/3 Fairly Cloudy/S. Michael

6/6 Andy/S. Moss

15 Honey/L. Hoth

11 All Jasmine/G. Inman

Novice Lightweight:

1/ Anna-Versary/L. Schumack

2/1 Tim's Black Cloud/S. Peters

3/5 CR Blaze of Glory/N. Frank

4/ Forbes/C. Scrima

5/2 Chauncey/C. Fritson

6/ Gold Digger/C. Frei

13 Foxton Casco/C. Mott

14 EL Zakar/A. Wich

16 Hickory's Chillicothe Express/D. Esbenson

Morningstar/C. Hudspeth

J-Kay Flashdance/N. Pitman

Venesza/M. Moss

Shi Niyol/A. Larson

Novice Junior:

1/1 Foxton BonBonBelle/J. Voss

2/2 RA Sintaar/B. Roberts

3/3 Sahhal/C. Roberts

Competitive Pleasure:

1/6 MKS Shamal Nejma/K. Shanor

2/ Zarr Tan/S. Gordon

3/3 The Guardian/S. Hollis

4/2 NASDAQ/C. Jeffcoat

5/1 Rock'n EZ Ruby/J. Smith

6/4 S.A. Laribou/T. Yates

15 Foxton Bandido/S. Eckel

Celebrean/D. Dye

Destiny Maria/P. Johnson

Mary Ann's Wildfire/S. Wheelon

Zaney Cat/R. Beumer

Rock'n EZ Rose/J. Wheelon

Cat's Fury/L. Heckelman

Remington Steele/R. Lane

Fireman's Sweet Revenge/C. Beumer

Scinsational Lady/C. Knauss

Colorado Trail

August 5-6, 2000

Riders: 57

Stephanie Ostrowski, DVM

Doreen Portner, Horsemanship

Open Sweepstakes: Celebrean/D. Dye

Novice Sweepstakes: Gajala Ana/G. Inman

BE Combo CP: Foxton Bandido/S. Eckel

Open Heavyweight:

1/6 Celebrean/D. Dye

2/ SW Windwalker/D. Overholt

3/4 BB Early Edition/J. Matthews

4/ BHR Hosans Polly Anna/D. Budd

5/3 Summer/K. Wolgram

6/1 Sir Love/M. Baker

12 June's Lucky Mac/B. Smith

15 Country Shades of Gold/B. Maloney

Strike the Gold WH/B. Hinkaba

C-H Flash/S. Hallford

Mahogany/L. Fisher

Open Lightweight:

1/3 Sierra Blue/D. Schriefer

2/4 Brown-R Dawud/J. Mason

3/6 Sky/K. Budd

4/2 Blue Skies Afyre/K. Shanor

5/5 Quiddy/B. Wolgram

6/ Society Bey/D. Zettlemoyer

11 Flicka's True Image/P. Montgomery

MiMara/B. Tupa

Open Junior:

1/1 MKS Fancy's Folly/K. Shanor

2/2 Morning Promise/J. Snyder

Novice Heavyweight:

1/1 Gajala Ana/G. Inman

2/2 Fortune's Encore/M. Donogave

3/6 Andy/S. Moss

4/4 Fantasia Elegance/C. Rowe

5/3 Cervantes/V. White

6/ Chico's Paint Brush/N. Cummings

15 Mtn. Man's Dream Maker/L. Miller

Novice Lightweight:

1/ Venesza/M. Moss

2/ Pasa Dena MRV/L. Vasquez

3/5 Tim's Black Cloud/S. Peters

4/3 Chauncey/C. Fritson

5/2 Foxton Casco/C. Mott

6/1 El Zakar/A. Wich

14 Boogs/S. Murphy

16 R.V. Sparkler/D. Marquart

Dichoso/C. Harder

Novice Junior:

1/2 Foxton BonBonBelle/J. Voss

2/1 Scinsational Lady/A. Krull

Competitive Pleasure:

1/1 Foxton Bandido/S. Eckel

2/ The Guardian/S. Hollis

3/6 Zarr Tan/S. Gordon

4/ Remington Steele/R. Lane

5/ Kastashadow/R. Harper/Tobias

6/ MKS Shamal Nejma/M. Shanor

13 Teddlers/C. Fredal

14 Flight's Gorgeous Son/J. Benham

12 Rockin EZ Ruby/J. Smith

15 Zaney Cat/C. Beumer

Spring Jester/B. Koch

Dom Domingo/D. Fredal

Saucedo's Numero Uno

K. Cummings

**IMPORTANT  
REMINDER!!!!!!!!!!**

To all ride management and clinic sponsors... Be sure to turn in your ride worker lists and clinic worker lists to Kris Cummings no later than October 31.

\*\*\*\*\*

**SADDLES FOR SALE**

Orthoflex Express Lite, 15" seat, used one season. \$1,500.00.

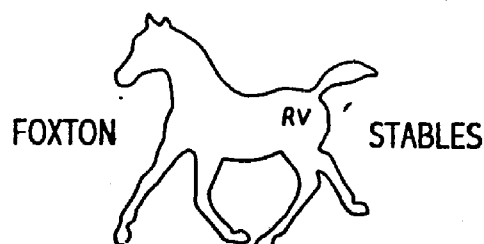
County Competitor Dressage Saddle. 17" seat. "3" tree. \$900.00.

Contact Dee Overholt (970)826-4737.

\*\*\*\*\*

838-7920  
838-5894

HOME OF  
GAITED FOXTON MORGANS



RESORT VALLEY RANCH  
Foxton, Colorado

Tom & Barbara 80433 Butterfield Thom & Nancy Harris

**UNOFFICIAL RIDE RESULTS (WILL NOT BE OFFICIAL UNTIL VERIFIED BY NATIONAL AND PRINTED IN *HOOFPRINT* MAGAZINE).**

Any necessary corrections will be printed in the next Region 3 newsletter.

**Island in the Sky**

August 19-20, 2000

Riders: 56

Linda McKennon, DVM

Doreen Portner & Terry Yates,  
Horsemanship

Open Sweepstakes: Lady's Charlie B/  
J. Ancell

Novice Sweepstakes: Gajala Ana/  
G. Inman

Hi Combo CP: MKS Shamal Nejma/  
K. Shanor

Open Heavyweight:

1/3 Lady's Charlie B/J. Ancell

2/4 Rock'n EZ Royal/S. Ancell

3/ SW Windwalker/D. Overholt

4/2 June's Lucky Mac/B. Smith

5/1 Celebrean/D. Dye

6/6 Polly Anna/D. Budd

15 Sir Love/M. Baker  
S J Christan/S. Shook

Open Lightweight:

1/6 Sky/K. Budd

2/4 Quickly/B. Wolgram

3/5 C T Morenci/S. Haskell

4/3 Generator's Eternal Flame/  
S. Weber

5/ Mahra Khan/M. Parish

6/ Doc Talon/N. Brozina

12 Sackett/L. Sasser

11 Flicka's True Image/P. Montgomery

Open Junior:

1/1 MKS Fancy's Folly/K. Shanor

Novice Heavyweight:

1/4 Gajala Ana/G. Inman

2/ Porter/J. Tanner

3/1 Jammin Country Jazz/  
B. Heckelman

4/ Willow Creek Freckles/L. Hoth

5/3 Nekrest Mirage/O. Spanhoff

6/ EA Black Jack/B. Sanchez

12 Dutch/L. Miller

15 Legs/D. Burbridge

16 Warrior's Confederate Prince/  
L. Washington

Rusty/L. Cook

Chico's Paint Brush/N. Cummings

Novice Lightweight:

1/1 Tim's Black Cloud/S. Peters

2/ Mary Mels BoJingles/C. Manley

3/3 Flashdance/N. Pitman

4/4 Dichoso/C. Harder

5/ TraveLyn Belle Ras/G. Childs

6/5 CR Blaze of Glory/N. Frank

12 Foxton Casco/C. Mott

16 Resort Valley Sparkler/  
D. Marquardt

Novice Junior:

1/2 Shadowfox/P. McFadden

2/1 Ginger/R. Runyan

Competitive Pleasure:

1/1 MKS Shamal Nejma/K. Shanor

2/2 NASDAQ/C. Jeffcoat

3/ Zarr Tan/S. Gordon

4/4 Squealin John/S. Holder

5/5 Flight's Gorgeous Son/J. Benham

6/ The Guardian/S. Hollis

13 Cat's Fury/L. Heckelman

16 JJ Jeremiah/D. Crooks

Mtn. Man's Dream Maker/S.

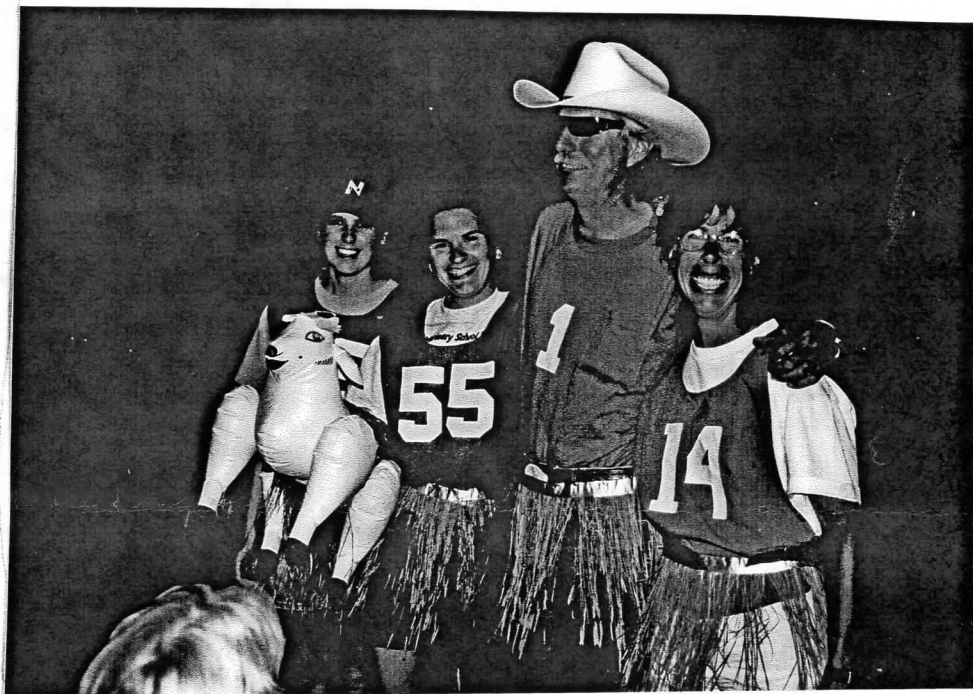
McKelvy

Remington Steele/R. Lane

Zany Cat/C. Beumer

Saucedo's Numero Uno/  
K. Cummings

The Tiki Lounge Crew  
is always ready to  
provide fun and laughs  
at the rides.



Jack McKelvy guides the North Fork Volunteer Dept. firetruck to fill the water tanks at Colorado Trail Ride.

# REGION 3 MEMBERSHIP APPLICATION

Membership calendar year runs from January 1 to December 31. Horse/Rider points and Mileage will only be computed from the date membership fees are paid. (7/98 rule amendment)

( ) Family membership \$18/year Household of 1 or 2 adults and children under age of 18 (2 votes)

( ) Senior membership \$15/year Single adult over 18 (1 vote)

( ) Junior membership \$13/year Single junior under age 18 (no vote)

( ) Optional Donations: Sue Bretag \_\_\_\_\_ Ken Burkdoll \_\_\_\_\_ Ruth Tyree \_\_\_\_\_ National BOD \_\_\_\_\_ Youth Sponsorship \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

A junior (age 10-17) may compete upon reaching age 18 anytime during the ride year. If age 17 on January 1, 2000, he/she may ride as a junior for the remainder of the year.

Names (list both adults if family) \_\_\_\_\_

Names and birthdates of juniors \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email: \_\_\_\_\_

District: 1 2 3 (see below) National Member? Y N Exp. Date \_\_\_\_\_

Referred to Region 3 by (new member only) \_\_\_\_\_

PRINT LEGIBLY the names of horses intended to be ridden in the current season. Do not use nicknames on registered horses, and be sure to use the same name on all entries.

HORSE

BREED

AGE

REGISTRATION NO.

District 1: Alberta and Saskatchewan Canada, Montana, Wyoming, and Colorado east of the Continental Divide and north of I-70 (includes the Metro Denver Area).

District 2: Colorado south of I-70 (excluding the Metro Denver Area) and east of the Continental Divide to the southern Colorado state line and New Mexico, east of I-25 (excluding Albuquerque, Santa Fe, and Las Cruces).

District 3: Utah, Colorado west of the Continental Divide, and New Mexico west of I-25 (including Albuquerque and Santa Fe), includes Farmington, Aztec, Flora Vista, Bloomfield, Chama, Espanola, Questa, Gallup, Lordsburg, Grants, etc.).

MAKE CHECKS PAYABLE TO Region 3 NATRC and mail to: Marc Shanor, 45828 Cottonwood Hills Drive, Parker, CO 80134.

## REGION 3 NEWSLETTER

North American Trail Ride Conference

Marc Shanor, Membership Chairman

45828 Cottonwood Hills Drive

Parker, CO 80134

MAILED FEB 24 1999



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