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The ride season is half over. Have you done your part and worked as a volunteer at a ride yet? Try it, you'll like it!

# Region's first aid kits, bags basic and useful

by Judi Tobias

ome of you may be aware that Region 3 has a first aid kit and cantle bags containing first aid supplies that are available to rides throughout the region. There may be some confusion though, as to the availability of the bags and requirements for their use by safety riders.

The first aid kit is kept in camp and contains more equipment than is in the cantle bags. The kit and bags are available through Region 3 Safety Rider chair Lois Arbour. No ride is required to use them, they are simply provided as a service by the region at no cost to the rides. If a ride has access to other first aid supplies/ bags that their riders prefer to use, they may certainly do so.

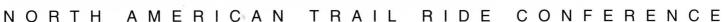
The region's bags contain items such as gauze pads, leatherman tools, antibiotics, etc. They are not meant to provide the equipment for major surgery! What we must remember here is; 1) too much equipment

makes the bags so cumber-

some and heavy that they are impractical for a horse to carry for the duration of a ride; 2) the more the ride provides, legally the more the liability increases and; 3) most important, the majority of safety riders are not trained medical personnel. For the most part, they are trained in basic first aid. Asking them to provide any more advanced medical service is unrealistic.

Again, we come to the question of legal liability. How much should we ask our safety riders to assume? At the regional board meeting in June, the board felt no safety rider should be asked to do more than provide help as defined in the "good samaritan" act. The materials in the

Continued on page 3



# Reginn3

The *Region 3 Newsletter* is published bimonthly. It is available by subscription to non-Region 3 members for \$8 per year. Requests/payment for subscriptions should be sent to Iris Mosgrove, 10590 Egerton Road, Colorado Springs, CO 80908.

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Display advertising rates: Full page (7 \(^{1}/^{2}\)" x 9 \(^{7}/^{8}\)"), \$50; half-page (7 \(^{1}/^{2}\)" x 4 \(^{15}/^{16}\)"), \$30; quarter-page (3 \(^{3}/^{4}\)" x 4 \(^{15}/^{16}\)"), \$15; eighth-page or business card (2 \(^{1}/^{2}\)" x 3 \(^{1}/^{4}\)" or 3 \(^{3}/^{4}\)" x 2 \(^{7}/^{16}\)"), \$10. Ad rates are per issue and must be camera-ready. Ads placed for five consecutive issues run a sixth time free. Preprinted full-page flyers that are ready for insertion, are \$35 per issue. Barn Sale unclassified rates: Members: \$5 per ad, non-members: \$6 per ad.

Send all letters, articles, photos, etc. to: Lisa Sowell, 8150 West 111th Ave., Broomfield, CO 80021, (303) 465-3621.

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# Ride/clinic schedule

- Jul. 27-28 **El Jinete Solitario Competitive Trail Ride;** Durango, CO Contact: Steve Ancell (970) 247-9717
- Aug. 17-18 *NEW!* Hole-in-the-Wall Competitive Trail Ride; Craig, CO Contact: Carol Beumer (970) 824-9204
- Aug. 31-Sep. 1 **Top of the World Competitive Trail Ride**; Foxton, CO Contact: Thom Harris (303) 838-5894
- Sep. 14-15 **Golden Gate Competitive Trail Ride**; Blackhawk, CO Contact: Judd Adams (303) 494-4241
- •Sep. 28-29 **Chokecherry Canyon Competitive Trail Ride**; Farmington, NM Contact: Russ Jones (505) 334-3156
- •Oct. 12 **David B. Thomas "B" Competitive Trail Ride;** Farmington, NM Contact: Chris Barns (505) 325-1171

# Trail Tracks

by Judi Tobias

n June 1, National Trails Day, the Pikes Peak Area Trails Coalition in Colorado Springs, Colo., held a trail cleanup at Sinton Pond. They were supported in grand fashion by local equestrians, mostly from the Cavalier Trail Riding Club, who also put on the Region 3 Benefit Ride this year. About half the volunteers at the event were "horse folks" including Judy Wise Mason, who was one of the organizers.

They worked alongside hikers, bicyclists and other trail supporters, providing a great example of how much equestrians support trails. They filled countless trash bags with styrofoam cups, old cardboard and other castoffs.

The Sinton Trail and Sinton
Pond are not equestrian venues. It
is simply a lovely, quiet respite in
the heart of urban Colorado
Springs. It is a credit to all those
who participated that they took the
time to help. These are the kinds
of things that will give equestrians a
good name with the rest of the trail
community.

Don't forget to mark your calendars for Region 3's Trail Maintenance day on a section of the Colorado Trail coming up in August. Call coordinator Kathryn Utke at (719) 495-3431 for details.

See you there!



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See the Barn Sale section on page X for an updated sales list!

(719) 593-7310

# Rabbit Valley Ride Scenic and fun event benefits handicapped equestrians

he well-attended Rabbit Valley Ride was once again an enjoyable event that benefitted the local handicapped riders' organization, Tri-River Special Equestrians. The weather was beautiful, and per tradition, there was just a little bit of wind and snow.

Saturday evening featured a delicious pig roast followed by an very entertaining Bluegrass band. These events may be repeated next year.

Eleven new competitors rode along with many regulars, including a good showing of local riders from the Grand Junction, Colo., area. Judging from the many favorable comments management received, riders had a great time and were especially impressed with Rabbit Valley's spectacular scenery. – *Sue Benjamin* 

# OFFICIAL RIDE RESULTS

### **Rabbit Valley**

April 27-28, 1996

### Sweepstakes:

Open: Kathe Hayes/Par Sundance Novice: Kathy Shanor/Zarr-tan

### Open Heavyweight:

1/5 SA Boomer/L. Smith

2/2 Dahhali/J. Hicks

3/HDC Raf's Rainbow/D. Schrader

4/3 June's Lucky Mac/B. Smith

5/4 Dutchess' Royal Duke/J. Smith

6/1 Kiss O' Sunshine/J. Bengfort

### **Open Lightweight:**

1/1 Par Sundance/K. Hayes

2/4 CT Morenci/S. Haskell

3/3 Brown-R Dawud/J. Mason

4/2 Bar Alibi/T. Roberts

### **Novice Heavyweight:**

1/3 Egyptian Gem Star/M. Shanor

2/4 Patches/G. Brawley

3/2 Skidgett/S. Holder

4/ Ultimate/J. Revis

5/5 Fancy/L. Hoth

6/1 Avalon Charge Card/S. Nelson

/6 Sheryl Mease

### From page 1

# Basic first aid kits offered

safety kits provide adequate equipment for such care. And in this day of "flight for life" and other advanced medical care, that is the proper response. The best thing you can do for a horse or rider in most emergencies is to keep the victim warm and quiet and wait for trained help. Of course there are individual cases where more is required, but unless you are an EMT, nurse or veterinarian, there is as much harm caused by doing the wrong thing as by doing nothing.

As a rider, I always carry vet wrap, a knife, water and a scarf. I

can do a lot for a horse or person with just those items. And finally, if you need horse medications, Bill Smith keeps an extensive kit – put together by Joe Quintana, DVM – in his camper that is available to anyone who needs it.

You should remember that the vet judge is primarily there to judge the ride and not treat horses unless there is a genuine emergency. Many of the judges come from other states and may not be licensed to practice in your state and could incur legal problems by doing so.

### **Novice Lightweight:**

1/2 Zarr-tan/K. Shanor

2/5 DH Khastaspell/D. Thearin

3/3 Sahabaret/D. Lucy

4/ Quickly/B. Wolgram

5/1 Dee Cee Captor/T. Mease

6/ Baladdin/R. Harper

/4 Sandie Wilson

/6 Vern Sheets

### **Novice Junior:**

1/1 Amber Airinessa/A. Jahn

2/2 Banjo/S. Tweedy

### **Competitive Pleasure:**

1/5 Artexerxis/K. Fricke

2/1 Deylynn Moyaia/A. Taylor

3/3 Wildfire Ibn Rayi/J. Wagner

4/ Major/M.E. Keckler

5/2 Montoya Olympian/L. Greenhaus

6/ Boomer/B. Olson

/4 Pat Jubb

/6 Cristy Cumberworth

# Rule changes approved

he N.A.T.R.C. board of directors approved two rule changes at the February meeting which are now in effect.

Under Section IV - The Ride - A. Administration, Para. 3. The horse and rider shall remain in competition until such time as they are disqualified or their final veterinarian check is completed.

In the same section, under C. Handling. Para. 6. Oral supplements ... A horse requiring treatment by a veterinarian or rider which prevents comparative evaluation during the course of the <u>competition</u> shall be disqualified. (End of change.)

The words which are changed are underlined. The definition of the competition has been changed from "until final awards" until "final veterinarian check is completed." This change was made because the board felt it was unfair to riders who remain for awards to be subject to

# **BARN SALE**

**JET ARABIAN RANCH Sales List:** 

JET Gadom (Pladom x Gahali) 1993 grey half Egyptian, half Russian Arabian filly. A fantastic race or endurance prospect. A real mover! Straight legs, calm and willing disposition. Has had *lots* of ground work, i.e. trailer loading, ponied on many trail rides, clinics, accustomed to clippers, etc. Started under saddle Fall of '95. A real love! \$3,000.

**JET Fyrelle** (Fyre Kracher x Eleben) yearling bay filly with white star and three white stockings. Real flashy! Strong athletic mover, ground work started. Would be an excellent long-distance prospect. \$2,000.

Please call Jill Hicks at (303) 494-2531.

more stringent rules than riders who leave after checkout. The "ride" still lasts until after awards (partly so that the insurance will cover anything that may happen during the time people are involved in the event) but that the "competition" has ended so that riders may medicate their horses or wrap legs in preparation for departure, and so on, without penalty. Since riders who have already left the premises may have done these things, it is unfair not to allow the riders who remain to do so if they feel it is in the best interest of their horses.

If you have any questions about this, or any other rule changes either in effect or proposed, please call your national board representatives Judi Tobias or Jill Hicks. Their phone numbers are listed on page 2 of this newsletter. They will be glad to talk to you. Your participation in our sport is important. – *Judi Tobias* 

# Tread lightly!

- · Travel only where permitted.
- Respect the rights of hikers, campers, horseback riders and others to enjoy their activities undisturbed.
- Educate yourself by obtaining maps and copies of regulations from public agencies.
- Comply with signs and barriers, and ask landowners' permission before entering private property.
- Avoid stream banks, lakeshores, meadows, muddy roads/ trails, steep hillsides, wildlife and livestock. Ford streams only at designated crossings.
- Drive and travel responsibly to protect the environment, and preserve opportunities to enjoy recreation on backcountry lands. CDTA, Spring 1996

# Trails symposium slated

Managing trails, from

the past into the future!

ark your calendars for the 1996 Colorado Trails Symposium on Sept. 5-8, to be held in Breckenridge, Colo.

This year's symposium will encompass the great variety of trails found in Colorado, from

urban greenways to the entire spectrum of backcountry trails. Through an interactive series of workshops, we will explore trends and challenges in trails – from the past into the future.

Of course, fall is a great time to get out and enjoy trails in the high country. We're planning mobile workshops to provide a close look at one of Colorado's most varied trails systems, managed as an interconnected network by Summit County, local communities and the U.S. Forest Service.

Who's invited? Everyone interested in trails! The symposium sched-

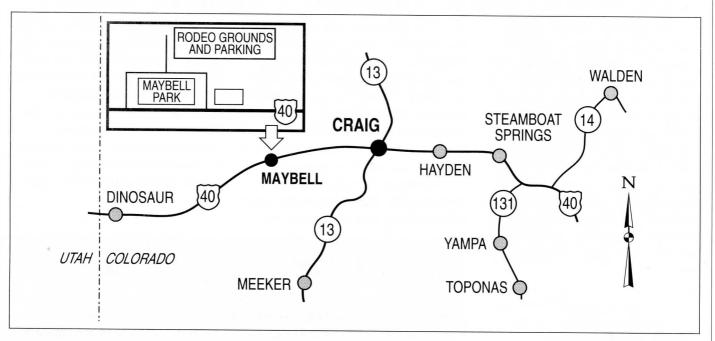
ule will provide options for all interests. Thursday and Friday's focus will be

on greenways and backcountry trails. Saturday and Sunday will emphasize motorized trails and Saturday will also include funding and field trips.

Registration materials are being prepared now, along with a more detailed program. For more information on attending, contact Colorado State Parks, 1313 Sherman St., Room 618, Denver, CO 80203.

# Hole in the Wall Ride

How to get there



If you are planning to attend the Hole in the Wall Ride in Maybell, Colo., on Aug. 17-18 this map will get you there easily. Travel west from Craig approximately 30 miles to Maybell. Turn north on a dirt street between restaurant and park. Follow signs approximately 1/2 mile to rodeo grounds. For more information, call ride secretary Shannan Sparkman at (970) 824-7031 or (970) 824-3775.

# New arrivals



My husband Bill and I would like to announce the arrival of our babies on July 3, 1996. Alicia Francheska (pictured right) arrived at 2:48 p.m. and weighed in at 5 lbs. 3 oz. Scott William came at 2:49 p.m. and tipped the scales at 5 lbs. 4 oz. I got as much finished as I could on this newsletter beforehand, and now trying to find the time to finish it up has been interesting (to say the least). Thanks to everyone who sent their items early and followed up for this issue! — Lisa.

# **ODDS AND ENDS**

**KATHE HAYES** has requested that her husband Bill be given credit as the photographer of the Roberts/Smith wedding photos published in the May/June issue of the newsletter. Thank you for the good work, Bill.

# who has been feeling under the weather and was hospitalized recently. We wish you a speedy recovery Pat, and hope to see you blazing down the trails real soon.

WHEN TRAVELING BACK-COUNTRY TRAILS: Please don't remove anything from public lands. The flowers, plants, rocks and wildlife that are present enhance the enjoyment of everyone. It should all be left alone and as undisturbed as possible. Your motto should be "Take only pictures. Leave only footprints."

# Rule interpreter:

# New title, same valuable volunteer worker

The previously known job of "ride steward" during an NATRC-sanctioned competitive trail ride has always been in interpret the rules of the sport as stated in the rule book. When riders, management and/or judges needed someone to clarify questions concerning our rules the steward had the final word. This has not changed. Only the title of this valuable position has been updated. The responsibilities and guidelines in selection of rule interpreters\*for the rides remains the same.

From the Rule Book; 1995, Sec. VII-Management of Rides B. Ride Officials: 6. rule interpreter

This person must be thoroughly familiar with these rules and be a member of and approved by NATRC. Upon request by a rider or ride official, the rule interpreter shall interpret the NATRC rules to management and judges and process any disputes concerning rule interpretations. In the event of a dispute, the rule interpreter will confer with both judges and ride management to enable them to arrive at a prompt decision. If agreement between judges and management is not forthcoming, then the rule interpreter (on behalf of NATRC) is authorized to make a ruling in order to settle the questions. Any such ruling must be reported in writing to NATRC. If a rule interpreter sees a rule infraction in progress, he or she must notify management and judges so corrective steps can be taken. The rule interpreter will complete an efficiency report and mail it to NATRC within 72 hours. No member of the immediate family, by blood, adoption or marriage (to include parents, siblings, grandchildren and in-laws) or any member of the household of the judges or rule interpreter, nor any horse owned by said family may compete in a division of a ride for which said person is acting in an official capacity. The rule interpreter will not be a family member of judges or ride chairman.

Serving as the rule interpreter gives you the opportunity to meet new riders and see your old friends too. Accommodations and meals are usually furnished by management and you get to go out on the trail with the judges or P&R crew to watch the day's ride. Anyone interested in more information on how you can become a rule interpreter for the coming ride season, please contact: Martha Findley, 3475 Mary L. Trail, Powder Springs, GA 30073. – *Jill Hicks* 

# A horse's prayer

Feed me, water me and care for me.

When my day's work is done, provide me with shelter, a clean dry bed and a stall wide enough for me to lie down in comfort. Talk to me. Your voice often means as much to me as the reins.

Pet me sometimes, that I may serve you the move gladly and learn to love you.

Do not jerk the reins and do not whip me when going uphill. Never strike, beat or kick me when I do not understand what you mean, but give me a chance to understand.

Watch me and if I fail to do your bidding, see if something is wrong with my harness or feet.

Examine my teeth when I do not eat. I may have an ulcerated tooth that is very painful.

Do not tie my head in an unnatural position, or take away my best defense against flies by cutting off my tail.

Don't smoke in my barn or leave me tied up overnight and perhaps burn me to death while you are sleeping in your comfortable bed.

And last, my master, when my strength is gone, do not turn me out in a pasture with no shelter and let me freeze to death or sell me to some cruel owner to be slowly starved or worked to death. Take my life in the kindest way and God will reward you – bereafter.

- Author Unknown

Do not overfeed me that I colic and start rolling, for I'd surely die.

Do not love me so much that every time I talk to you I get an extra tidbit or extra flake of bay.

Don't let me get fat and unhealthy to the point of obesity.

Exercise me often, and don't forget the winter,

when I need it most.

- Bob Santistevan

This prayer contributed by Bob Santistevan

# IAHA recognizes annual distance ride achievers

he IAHA recently recognized outstanding trail and endurance horses at the annual awards ceremonies held at both the NATRC and AERC conventions earlier this year.

Engraved silver revere bowls were awarded to the High Point Arabian Prince Alla Baha+/, owned by Ellen Lovett of Grass Valley, California, and the High Point Half/Anglo-Arabian Colidalot's Jedi. owned by Roberta Wolff of Peculiar, Missouri at the NATRC convention in Dallas, Texas. Winning similar awards at the AERC convention in Reno, Nevada, were High Point Arabian Tarasjameel, owned by Jeffrey Wagner of Fruita, Colorado, and High Point

Half/Anglo Arabian Peregrine, owned by Stephen Rojek of South Woodstock, Vermont. A special Superior Performance Award was given to Anglo-Arabian O.T. Cassidy's Dance, owned by Crockett Dumas of Vadito, New Mexico for outstanding career accomplishments.

To be eligible for the IAHA awards, a horse must be appropriately registered as a purebred Arabian, Half-Arabian or Anglo-Arabian horse, and the owner must be a current member of the IAHA. The IAHA chooses its selections based on input from both NATRC and AERC.

Editor's note: Congratulations to Region 3's Jeff Wagner (and his horse) on their achievement!

# IAHA moves

**√**he International Arabian Horse Association (IAHA), a 30,000-member non-profit organization dedicated to the promotion of the Arabian horse breeds, has moved from its offices in Denver, Colorado, to Aurora, a southeast metropolitan area of Denver. The new location is more centrally located to the Denver International Airport and to major freeways.

The IAHA's new address, phone and fax numbers are 10805 East Bethany Drive, Aurora, Colorado 80014; (303) 696-4500; (fax) (303) 696-4599.



## **Deluxe English Cantle Bags**

Price: \$55

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Price: \$13

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# Pommel/Wither Bag

Bag only: \$65

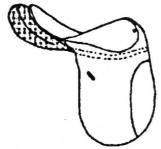
Bag/2 water bottles: \$70 Bag/2 water bottles/snap on heart monitor pocket: \$80

Shipping/insurance: \$8

### Haunch Heater

Price: \$55: Ship./ins.: \$5 With removable Polar Plus

lining: \$105; Ship./ins.: \$8





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Troxel Sport; white or black: \$50

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Vet Judge Video

Both Videos

\* All prices subject to change without notice, all manuals available to anyone, regardless of membership

NATRC, P.O. Box 2136, Ranchos de Taos, NM 87557-2136 - (505) 751-4198

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Former membership information

1-95/REGION 3

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\$4.50 + \$2 P&H 1-5 hats

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