## REGION III REIMBURSEMENT CRITERIA/WORKSHEET FOR NATIONAL BOARD EXPENSES (Revised April 22, 2023)

The National Board of Directors has three meetings a year (July and November, February or March at the national convention). The following expenses will be reimbursed by Region III to each of its two NBOD members.

1 R <i>C</i>	OOM	
1.100	Half of the negotiated cost for 2 nights if able to locate a room	nmate of the
	same sex or full cost if not able to locate a roommate of the s	
	meetings (July and November)	
	2 x =	
	Or	
	Half of the negotiated cost for 4 nights if able to locate a room same sex or full cost if not able to locate a roommate of the smeeting (February)	
	4 x =	
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2. FO		
	\$40/day for 2 days (July and November)	
	2 x=	
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	Or	
	\$40/day for 4 days (Fahruary)	
	\$40/day for 4 days (February)	
	4 x=	
3. SH	IARED BOARD EXPENSES (Transportation) for the	
	Meeting in on	
	Were	
	Roundtrip gas @ \$.40/mile*	
	Parking	
	Roundtrip Airfare	
	Roundtrip to hotel	
	TOTAL	

If your expenses were LESS than the SBE, the amount that			
you paid to NATRC =			
TRANSPORTATION EXPENSES	#3		
ROOM	#1		
FOOD	#2		
TOTAL (R3 OWES YOU)			
OR			
If expenses were MORE than the SBE, the amount that			
Was paid to you by NATRC. Transp. Exp. – Check =			
ROOM	#1		
FOOD	#2		
TOTAL (R3 OWES YOU)			
*When SBE are figured at national, the standard IRS mileage rate (\$0.655/mile for 2023) is used to calculate the figures. Region III also pays the standard IRS mileage rate. Whenever possible, it is suggested that NBOD members use a 'hub' such as Denver, Albuquerque, etc. as their departure point since this is usually the least expensive. A copy of this completed form will be sent to the Region III treasurer after each meeting in order to receive reimbursement.			
NBOD member			